



# Nurturing Skills For Families



**Date:** April 4-May 23, 2019

**Time:** Thursdays, 5:30-7:00 PM

**Place:** Early Head Start-Parents

14790 Kimo Ct, Rathdrum

Lakeland Head Start- Childcare

**Cost:** \$120 (Head Start & Early Head Start families Free!)

*"Change the course of your parenting today, and change the course of your family history for generations to come."*

**Please call ICARE at 208.676.1515  
To sign up TODAY!**

## Topics Include:

- Empathy
- Understanding Discipline
- Growth & Development
- Understanding Feelings
- Rewards & Punishment
- Redirection
- Self-Worth & Personal Power
- Keeping Kids Drug Free
- Family Rules
- Child Safety
- Stewards of Children Child Sexual Abuse Prevention